

LORRAINE BOWEN'S SINGING WORKSHOPS + PERFORMANCE

Lorraine Bowen's interactive audience sing-alongs followed by informal concert

Overview: Lorraine gets the audience singing and swinging with timeless classics from musicals, Abba hits, disco tracks and even the hokey-cokey! No standing still allowed! This is pure edu-tainment as Lorraine will provide tips and tricks to improve your vocal range, diction and breathing while you sing-along and have fun. Total audience participation with song sheets and lyric props.

Invite family and friends along for an informal concert at the end of the workshop.

Lorraine has different singing workshops ready to go and is always adding more themes:

BURT BACHARACH Singing Workshop

WEST SIDE STORY Singing Workshop

JULIE ANDREWS Singing Workshop

GREASE Singing Workshop

ABBA Singing Workshop

DISCO Singing Workshop

CHRISTMAS Singing Workshop

GENERAL SINGING Workshops to include Rounds, easy songs and part singing.

DURATION: Half day/full day workshops available with informal concert.

GROUPS: For group sizes up to 100



Lorraine Bowen Singing Workshops

Lorraine Bowen is a great enthusiast for the pleasures and benefits of community singing. Her workshops bring people together, introduce people to the joys of singing and give them an opportunity to perform onstage.

Lorraine teaches technique, posture, breathing exercises, getting the most out your voice and vocal confidence. Learning excellent vocal tricks whilst having a good time is always on the agenda.

She enjoys working on both small and large-scale singing events at private functions and arts centres like The Dome in Brighton and Bexhill's De La Warr Pavilion. Workshops often end with an informal concert where participants perform in front of friends and family!



Lorraine has produced five albums of original hits on her own label, Sequin Skirt and these songs have been featured in films, radio and TV programmes. Last year she appeared on reality TV show "Britain's Got Talent" which brought her a whole new fanbase.

Lorraine has a Bachelor of Music (Hons) Degree in Music from Surrey University, specialising in singing and certificate in Performance Coaching from Newcastle College. She has a lot of experience about giving inspiration and setting goals and is passionate about getting others to enjoy their voices and her singing workshops are always energetic, of a high standard and provide fun with great feedback.

Here is the range of singing workshops Lorraine Bowen currently offers:

BURT BACHARACH

7 Songs covered:

Do You Know the Way to San Jose?

I Say a Little Prayer

Walk on By

The Look of Love

All Kinds of People

Raindrops Keep Fallin' On My Head

What the World Needs Now

WEST SIDE STORY

Bernstein's great jazz musical covered in a one day workshop

8 re-arranged songs:

America

Jet Song

Maria

Something's Coming

I Feel Pretty

Somewhere

One hand, one heart

Tonight



JULIE ANDREWS

This workshop includes Sam Nixon, a wonderful Julie Andrews character actress, bringing to life the characters of Mary Poppins, Maria, Millie and Eliza Dolittle.

9 re-arranged songs covered in this workshop of four hours plus lunch break:

Do Re Mi (Sound of Music)

My Favourite Things (Sound of Music)

16 going on 17 (Sound of Music)

Spoonful of Sugar (Mary Poppins)

Supercalifragistic (Mary Poppins)

I Could Have Danced All Night (My Fair Lady)

Wouldn't it Be Lovely (My Fair Lady)

Someone to Watch Over Me (Star!)

Thoroughly Modern Millie (Thoroughly Modern Millie)

GREASE

Greased Lightnin'

Summer Nights

Hopelessly devoted to you

You're the One that I want

We Go Together

Sandy

Grease is the Word

ABBA

Waterloo
I do, I do, I do
Gimme! Gimme! Gimme!
MAMA MIA
Name of the Game
Knowing me, knowing you
Dancing Queen
Money, money, money
Take a Chance on Me
I have a Dream
Thank you for the music



DISCO

Songs covered include:
Dancing Queen - ABBA,
He's the Greatest Dancer/Lost In Music /We are Family - Sister Sledge
You Make me Feel - Sylvester
Best Disco in Town - The Ritchie Family
Young Hearts Run Free - Candi Staton,
Boogie Wonderland - Earth Wind and Fire
Stayin' Alive and Night Fever - Bee Gees

Techniques of falsetto, snatch breathing, pitch control and chorus singing are covered as well as lots of fun remembering disco moves!

Singers are encouraged to wear their fave nostalgic DISCO wear for the informal concert.

CHRISTMAS SING-ALONG

Lorraine has a huge repertoire of Christmas sing-along material having created two huge concerts at the De La Warr Pavilion in 2014 and 2015.

70 singers attended the day workshop and then sang on stage accompanied by a giant screen with moving lyrics. 400 people attended the sing-along. Photos by Melita Dennett.



Simply Having a Wonderful Christmas Time
CAROL MEDLEY

Deck the Halls
God Rest Ye Merry Christmas
Good King Wenceslas
The First Nowell

Jingle Bells
Walking in the Air
When the Red Red Robin comes Bob Bob Bobbin'
Fairytale of New York
Winter Wonderland

CHRISTMAS CRUMBLE

Trolley Song
Have Yourself a Merry Little Christmas
Rudolph the Reindeer
Silent Night
We wish you a Merry Christmas

GENERAL SINGING WORKSHOP

Any of the above songs
Rounds
Part Singing
Harmonising
Breathing and posture exercises
Extending your range
Diction

Lorraine Bowen's singing workshops have been held at:-

De La Warr Pavilion, Bexhill
The Dome, Brighton
Arundel Festival
White Nights Festival, Brighton
Bestival, Isle of Wight
The Singing Allsorts, Cuckfield
The Hawth Theatre, Crawley
Children's Hackney Singing Festivals
John Lewis social weekends
The Big Gay Sing at the Southbank Centre, London
Brighton Gay Mens' Chorus
Qukulele (women's ukulele band)
Hen Parties
The Rainbow Chorus, Brighton

Testimonials:

- *Hi Lorraine, just to say a big thank you for the wonderful singing session you led at the Brighton Dome yesterday.*
- *I came with some members of my choir (Haven Harmonies in Newhaven) and we all agreed that we'd had a fabulous day's singing. Your energy and enthusiasm helped to bring out the best in our voices without diminishing the enjoyment we all had.*
- *Geoff & I really, really enjoyed ourselves. We haven't sung so much for ages. And what a nice bunch of people there! Very friendly atmosphere. No divas!!!*
- *are a fantastic teacher! As well as having loads of fun, we felt we'd learned loads too – and ended up feeling quite proud of ourselves!*
- *Brilliant day – thank you so much.*

Example of a workshop timetable:

Registration: 10.30 registration

Morning workshop: 11am – 1pm (with comfort breaks)

BREAK: 1 – 2 lunch

Afternoon workshop: 2pm – 4 (with comfort breaks)

4 – 4.45 Singers take a break

4.45 – 5.15 Public performance

Technical support:

Lorraine will require a PA, playout etc etc

Technical operator

Photocopying of PDF sheets may be required

Lorraine will provide.....

Headset microphone to be used for teaching

Tech spec for PA or simple speaker requirements

PDFs of the singing sheets for photocopying

CONTACT

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