



**Lorraine
Bowen
Shows
Brochure**

The Crumble Lady entertains

Bespoke one-off shows, themed evenings, private parties and corporate events

Lorraine Bowen entertains with her hilarious original material. Her loveable and legendary songs include Space, Fun to be a Fish, Burger Song, Ice-Cream Lady and of course the Britain's Got Talent Golden Buzzer Crumble Song!

Silly, funny and reminiscent of a mad aunt, Lorraine was voted a Golden Buzzer by BGT judge and comedy giant, David Walliams. The Crumble Lady, Lorraine Bowen creates a sparkling bespoke show for your event and with her wit, charm, quirky songs and dances, will get the audience participating from the start!

Lorraine is able to adapt her show to be suitable for family-friendly audiences, private birthday parties, themed nights, weddings, civil ceremonies and festivals. She enjoys personalised performances and strives for a distinctive and original show.

DURATION: Whether it's a five-minute personal appearance or an hour-long set, Lorraine always takes time at the end for selfies and to chat to guests.



The Crumble Lady DANCE PARTY

*Great fun for: birthday parties, teenage parties,
themed evenings, wedding parties
and quirky corporate events*

Right from the start, Lorraine gets the audience dancing with hilarious tracks from her quirky collection. Blending original numbers and crazy charity shop cover versions, her infectious enthusiasm gets everyone up dancing in lines, circles and congas!

Your Hostess with the Mostess has a repertoire of irresistible anthems such as Catfood Crumble and Reggaeton Crumble Song dance routines PLUS super retro classics such as Let's Twist Again, Hokey Pokey and Oops Upside Your Head.

It's an old-fashioned dance party with a new and hilarious twist! Fancy a conga? No worries, Lorraine will get the audience snaking round the venue with her crazy Bicycle Adventure song where everyone jumps over puddles and holds out their hands to turn right!

This Dance Party show includes a DJ assistant and so is perfect for any celebration for high energy types, silly party vibes and events where you want something just a little bit different from the norm!



The Crumble Lady KIDS SHOW



Lorraine's fun and educational shows for children are always popular with kids and adults alike!

Lorraine Bowen's CRUMBLE LADY KIDS SHOW includes reading aloud exclusive sections from her book, THE CRUMBLE LADY published by CandyJar Books. Of course she will also sing songs from her new Crumble Lady kids CD and will lead funny dances such as the Catfood Crumble so that everyone is involved and is inspired to join in.

As a finale, Lorraine delights in finding audience volunteers to join her to create sound effects to accompany one of her stories – made from home-made and quirky household objects. What a great introduction to Foley sound effects with an educational slant to boot! Children and adults alike will surely be inspired to return home, create their own work and make it come alive!

Lorraine was a music teacher in Hackney for many years and is passionate about sharing the joy of music with young people. She believes that by using humour, playful participation and entertainment, a powerful and joyful experience can be educational and inspirational. (Photo from Brighton Library)

Lorraine Bowen's CRUMBLE LADY KIDS SHOW is perfect for festivals, libraries, schools and children's events.

Lorraine Bowen's POLYESTER FIESTA!

The largest of Lorraine's spectacular shows is Lorraine Bowen's Polyester Fiesta!

Lorraine Bowen's Polyester Fiesta! involves a cast of six characters who model an array of outfits in this hilarious fast-paced choreographed catwalk show.

Lorraine celebrates over 75 years of polyester with her outstanding collection of colourful man-made material outfits obtained from years of charity shopping, donations and a keen genius eye for retro wardrobes.

The audience is seated around the catwalk as if in a Milan/Paris fashion show. Clapping when models appear is enthusiastically encouraged as is joining in the audience polyester fashion competition. Dressing-up for the event is encouraged to create a party atmosphere!

It's kitsch, it's fun, it's nostalgic, but there's also a message behind the show... recycle and re-use, and cherish your vintage clothing. Lorraine Bowen's Polyester Fiesta! is a totally original show which has featured on BBC Radio 4's Woman's Hour, BBC1's The One Show and has been performed over the UK.

The show is a huge hit with anyone from 9 – 90 years and for audiences of any size. It works especially well at festivals and big events.

Lorraine is able to adapt the show into different time formats depending on your event and requirements:- from 15 minute vignettes to a 2 hour spectacle!



Fees and full technical specifications for ALL shows are available on request:

Contact: bowenshows@gmail.com